



# The Natural Passages Return Weekend

September 28-October 1, 2023

## *Our Journey*

*We shall not cease from our exploration,*

*And the end of all our exploring,*

*Will be to arrive where we started,*

*And know the place*

*for the first time.*

*—T. S. Eliot*

The Natural Passages **Return** weekend is a return to where we started. All graduates of the Natural Passages program are invited.

It is an exploration into the four principles of presence. The focus is to delve deeply into the relational next steps of the four chambered heart, the four phantoms of fear and the resulting shadow behavior. Dynamic exercises will be provided to support an inward journey and then the opportunity to share these private stories with each other.

The intention of the weekend is to take advantage of the wooded area of the Pebble Ledges. We will immerse ourselves in a sweatlodge. Living in tents, **we** will have the magic of solitude, the comfort of the surrounding forest, and the support of the community of other **MoMen**.

Woven into the fabric of the weekend are experiences that support personal and interpersonal explorations of **who are you** as a man in today's world.

#### Tents

We will share tents with one or two people depending on the size of the tent. **If you prefer to sleep alone and not share a tent, please bring your own tent.**

#### Covid

**Due to Covid 19, We require everyone to have a negative Covid test just prior or upon arrival at the camp. Individual efforts result in community safety.**

#### When

**The Return** will occur September 28th. Start-up is 9:00 AM on Thursday with a brief hello and get to know each other before we build our village and homes for the weekend. One or two small villages will be created depending on how many **Return**.

#### Costs

The **MoMen Return** workshop is \$750 per person. There is \$150 discount per person, if paid in full by August 1st 2023

**Mail checks to:** Cleveland Consulting Group, Inc. at 9796 Cedar Road, Novelty, Ohio 44072-9747. Or make payment through PayPal at [herb@clevelandconsultinggroup.com](mailto:herb@clevelandconsultinggroup.com) or Zelle at 440/241-6908

#### Supplies

Food and tents are provided for the weekend. However, all sleeping gear and personal items must be brought to the weekend. In addition, we are asking that you bring 1-2 gallons of water that will be used for drinking and washing stations.

Contact Herb at [herb@natural-passages.com](mailto:herb@natural-passages.com)