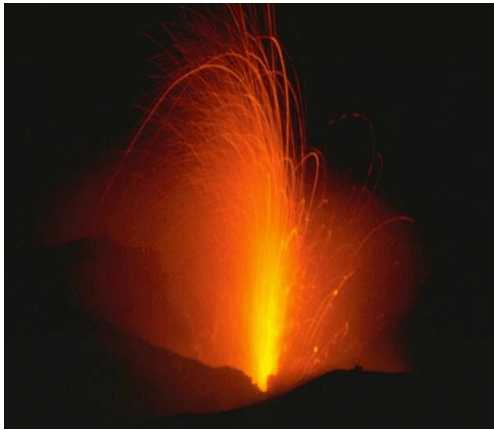


# The Hero's Journey:

A Look at Our Shadow Sides

May 8-11, 2008

In prior times, the creation and development of mature men was done through various forms of initiations, now more commonly called Hero's journeys. These journeys were structured rituals and ceremonies that brought the boy/man face-to-face with the boyish attitudes and beliefs that no longer served the evolving man.



These rituals and ceremonies were designed to ignite the deep masculine energies that would enable the boy to let go of the boyish ways that tended toward self-centeredness

and move toward family and community responsibilities. These rituals and ceremonies often involved facing the deepest personal fears of boyhood. These processes would enable the man to evolve from the ashes of the boy.

## Secrets of Being a Man—Leadership

Hero's journeys were catalysts to burn away the psychology of being a boy so that new paradigms or world views could evolve. For the initiation to be successful, the initiatory process required that sacred space be created and held by others. In this sacred space, the initiates would be able to discover and release the habits and patterns of the past to create a new way of being. **New paradigms** were taught to the evolving men so that they would understand the energies within themselves that could be birthed and developed into skills and ways of being complete within the world. These paradigms or world views were considered the secrets of manhood.

## Shadows of a Man

A failed Hero's journey often leads to living in the shadows of the man that you are. These shadows can lead to all sorts of creative adaptations that prevents the mature man to rise from the ashes of the boy. As a result, the man never fully develops beyond the thrill of "saving damsels in distress" through affairs of the heart and/or body, venturing into the dark sides of the soul for devious and sultry activity such as rage, lust, greed, sloth, etc.

## Our Focus

The hero's journey workshop is a four day adventure into a self examination of shadow behavior that prevents the mature man within you from fully showing up in day-to-day life.

## Recommended Reading

Prior to the workshop, it is recommended that you read, **The Hero with a Thousand Faces** by Joseph Campbell.

## When

**The Hero's Journey: A Look at our Shadow Side** will occur May 8-11, 2008. Start-up is 9:00 AM on Thursday, May 8<sup>th</sup> with a brief hello and get to know each other before we build our village and homes for the weekend.

## Costs

**The Hero's Journey: A Look at our Shadow Side** workshop is \$600 per person. There is a \$100 discount per person, if paid in full by February 1, 2008. **Mail checks to:** Cleveland Consulting Group, Inc. at 9796 Cedar Road, Novelty, Ohio 44072-9747

## Supplies

Food and tents are provided for the weekend. However, all sleeping gear, eating utensils, and personal items must be brought to the weekend. In addition, we are asking that each **Man** bring 2-3 gallons of water that will be used for drinking and washing stations.

## Facilitator

The weekend will be facilitated by Herb Stevenson, President of the Cleveland Consulting Group, Inc and founder of the Medicine of Men program. Details of his biographical background can be found at

<http://ClevelandConsultingGroup.com> or

<http://Natural-Passages.com> Additional

skilled facilitators will be brought in as needed. Contact Herb at 440/338-1705 or [MenofMedicine@aol.com](mailto:MenofMedicine@aol.com)

